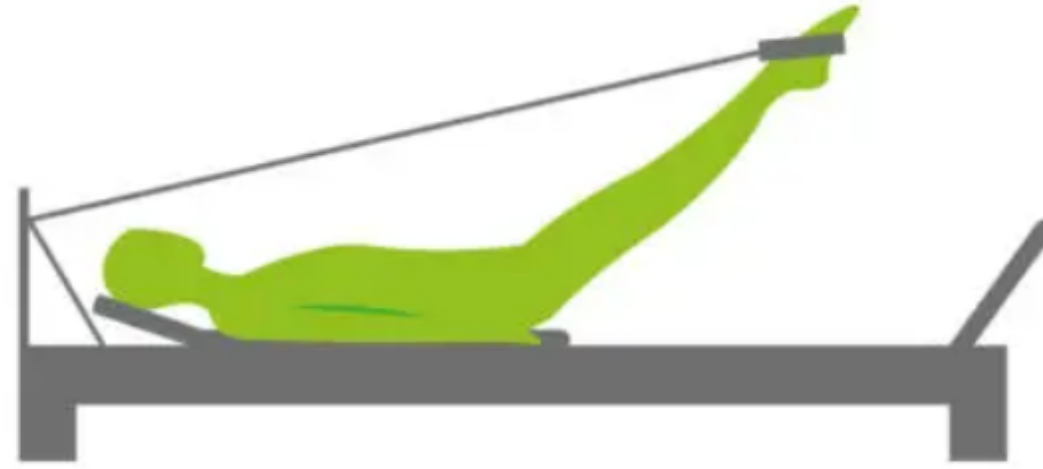




GREEN PILATES MOVEMENT STUDIO

Pilates Apparatus Studio Timetable



MONDAY

10.30am - 11.20am	Private/duet session
11.30am - 12.20pm	Group Session
12.30pm - 1.20pm	Group Session
1.30pm - 2.20pm	Private/duet session
2.30pm - 3.20pm	Private/duet session
8.30pm - 9.20pm	Private/duet session

TUESDAY

9.30am - 10.20am	Private/duet session
10.30am - 11.20am	Private/duet session
11.30am - 12.20pm	Group Session
12.30pm - 1.20pm	Private/duet session
1.30pm - 2.20pm	Private/duet session
2.30pm - 3.20pm	Private/duet session

THURSDAY

12.30pm - 1.20pm	Group Session
1.30pm - 2.20pm	Private/duet session

FRIDAY

9.30am - 10.20am	Private/duet session
10.30am - 11.20am	Private/duet session
11.30am - 12.20pm	Group Session
12.30pm - 1.20pm	Private/duet session

Private sessions are 1 client with one Teacher £35 non member £30 member
Duet sessions are 2 clients with one Teacher £25 pp non mem £20 pp member
Group Sessions are 4 clients with one Teacher £12.50 pp non mem £10 pp mem

TO BOOK PLEASE EMAIL

info@greenpilates.org