



GREEN PILATES MOVEMENT STUDIO

Class Timetable June 2022 Let's get moving

Yolande@Green Pilates classes Monday to Friday 9.30am – 3.00pm Book classes info@greenpilates.org	Claudine@Green Pilates classes Monday to Thursday 5.00pm – 9.30pm Saturdays 8.30am – 12.00 noon Book classes claudine@greenpilates.org	Private Hire Contacts Barre Fusion - Joanne Libby – Email: joannelibby@hotmail.co.uk Burlesque - Bitsy – Email: info@loveyouburlesque.co.uk Kung Fu for kids- Sarah McAnaw - sarahmcanaw@gmail.com
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Yolande@Greens					Claudine@Greens	
9.30 – 10.15 Pilates ALL Yolande	9.30 – 10.15 Pilates ALL Yolande - ZOOM	9.15 – 10.00 Zumba Claudine	9.30 – 10.15 Pilates ALL Yolande - ZOOM	9.30 – 10.15 Pilates ALL Yolande	8.30 – 9.15 Pilates ALL Claudine	
10.30 – 11.15 Chiball Yolande	10.30 – 11.15 Chair Yoga Jenny	10.15 – 11.00 Yoga Jenny	10.30 – 11.15 Zumba Gold - Claudine	10.30 – 11.15 Circuits for ALL Yolande	9.20 – 10.05 Zumba Claudine	
11.30 – 12.15 Chair Aerobics Yolande			11.30 – 12.15 Chair Pilates Yolande	11.30 – 12.15 Restorative Pilates Yolande	10.15 – 11.15 Yoga & Meditation Sharon	
9.30am – 10.15 BuggyBeats Claudine				12.30 – 2.00 MS Society Private hire		
Claudine@Greens						
	5:45 - 6:15 Booty Blast Claudine		5.15 – 6.00 Pilates for Beginners Claudine	5.30 – 7.30 Kung Fu for kids Private Hire		
6.00 – 6.25 Express Abs Claudine	6.30 – 7.30 Pilates ALL Claudine	6.00 – 6.45 Zumba Claudine	6.00 – 6.45 Pilates ALL Claudine			
6.30 – 7.15 Zumba Claudine	7.30 – 8.15 LBT Claudine	6.50 – 7.35 Boxercise Claudine	6.45 – 7.30 Supple Strength Tina			
7.30 – 8.30 Barre Fusion Private hire with Jo		7.45 – 8.45 Yoga and meditation Sharon	8.00 – 9.00 Burlesque Private hire			

www.greenpilates.org

Email addresses: Yolande - info@greenpilates.org

Claudine: claudine@greenpilates.org