



GREEN PILATES MOVEMENT STUDIO

Price List

OPTIONAL MEMBERSHIP £60 PER ANNUM

✦ MOVEMENT STUDIO ✦

Monthly Bronze

Up to 3 classes per week

Member - £42.00

Non Member - £49.00

Monthly Silver

Up to 5 classes per week

Member - £47.00

Non Member - £57.00

Monthly Gold

Up to 7 classes per week

Member - £54.00

Non Member - £60.00

Pay As You Go Classes

Member - £6.00

Non Member - £7.50



✦ 121'S, DUETS AND SMALL GROUP PILATES APPARATUS STUDIO ✦

Apparatus introductory 121
(25 minutes)

Member - £15.00

Non Member - £17.50

121 Apparatus Session
(50 minutes)

Member - £30.00

Non Member - £35.00

Duet Apparatus Session
(50 minutes)

Member - £20.00 per person

Non Member - £25.00 per person

121 assessment

Recommended for new clients
(25 minutes)

Member - £15.00

Non Member - £17.50

Apparatus Self Practice
(50 minutes)

Member - £12.00

Non Member - £15.00

✦ WORKSHOPS & FITNESS TESTS ✦

All workshops

Member - £30.00

Non Member - £35.00

Fitness Testing

Member - £8.00

Non Member - £10.00